

# Torrent™



**NEW PRODUCT**

**Post-Workout Anabolic Muscle Activator  
Only In Universal's Sport Line**



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*Every Body Is Different. Good Nutrition Is Universal.*

## TORRENT™ POST-WORKOUT ANABOLIC MUSCLE MASS ACTIVATOR

Torrent™ sets a new standard for post-workout (PWO) nutrition. Though often overlooked, this part of the bodybuilding equation is the most critical aspect in the quest to foster new growth. Properly utilizing this time is vital for inducing overall muscle mass “activation”. Torrent’s™ formula is designed to maximize the anabolic “window of opportunity” that exists after a hard training session, when muscle protein synthesis can potentially be stimulated for hours.

### Torrent™



- Post Workout Recovery Matrix
- Anabolic Muscle Activator
- Enhanced With Key Aminos
- Triggers New Muscle Growth
- Osmosulin Delivery System
- Supports Glycogen Re-Synthesis

**Form:** Powder

**Serving:** 3 Scoops

### Nutrition Facts

Serving Size 3 Scoops (~99g) Servings Per Container 15

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	302	L-Leucine	**
Calories from Fat	14	Leucine Alpha Ketoglutarate (AKG)**	**
Total Fat	1.5g 9%	Leucine Ethyl Ester	**
Saturated Fat	1g 6%	N-Acetyl Leucine	**
Total Carbohydrate	52g 17%	Volumetric Amino Blend 7000mg	**
Sugars	26g **	Taurine	**
Protein	20g 40%	Glutamine Alpha Ketoglutarate (AKG)	**
Calcium	112mg 11%	L-Phenylalanine	**
Sodium	127mg 5%	Citrulline Malate	**
Potassium	192mg 6%	Creatabolic Complex 3000mg	**
Torrent Proprietary Blend	18,000mg **	Creatine Monohydrate	**
Anti-Catabolic	8000mg **	Creatine Ethyl Ester (CEE)	**
Leucine Complex		Magnesium Creatine Chelate™ (MCC)	**
		Tri-Methyl Glycine (TMG)	**

\*\* No Daily Value established

\* Percent Daily Value based on a 2000 calorie diet.

Other Ingredients: Osmosulin Matrix™ (D-glucose, waxy maize, maltodextrin), partially hydrolyzed whey protein concentrate (milk), (providing di-, tri-, oligo- and polypeptides), malic acid, artificial flavor, citric acid, sodium chloride, magnesium phosphate, potassium phosphate, sucralose, acesulfame potassium, Red #40 and FD&C Blue #1.

**Directions:** For use as a dietary supplement, take one serving of Torrent™ within 30 minutes of your workout. Mix 3 heaping scoops along with 20 oz. of cold liquid. For best results, consume Torrent™ after each training session.

## Why should you choose Universal Nutrition's Torrent™?

### It Works:

Torrent™ works quickly and efficiently by supplying your muscles with a powerful cascade of critical nutrients, all in a matter of moments. After a hard workout your muscles are torn down, glycogen is depleted and your body enters a damaging catabolic state. When consumed immediately post-training, Torrent's™ proprietary blend of muscle mass activators rush to bring your body back into anabolic “green light” status, quickly repairing damaged muscle fibers while triggering fresh growth.

### Superior Protein

Torrent™ is loaded with high quality hydrolyzed whey protein, which consists of small whey peptides that can be quickly digested and absorbed. Hydrolyzed protein is the quickest digesting protein available.

### Specialized Carbs

Torrent™ contains a specialized Osmosulin Matrix™ of carbohydrates that allows for quick glycogen replenishment and the fastest possible absorption of muscle-nourishing nutrients. This blend is packed with an optimal ratio of complex carbs from innovative, highly prized waxy maize starch, along with maltodextrin and dextrose. This blend allows for a dramatic boost of anabolic insulin via simple sugars coupled with the nutrient-drawing effects of “high molecular weight” carbohydrates.

### Loaded with Key Aminos

Torrent™ is spiked with 18 grams of a key proprietary blend of advanced aminos and creatines. This special “anabolic matrix” helps put your muscles in post-workout recovery overdrive. When consumed immediately after intense training this potent blend can induce a powerful anabolic surge that shuttles nutrients into your starved muscle cells.

### Superior Deliver System

Heightened anabolism, rapid nutrient transport, insulin potentiating--all delivered by means of a delicious post-workout growth cocktail. Torrent™ is an anabolic force mother nature never intended. Blow your plateaus away with Torrent™.